

Making a will is easy to put off, yet when you get down to it, it's a surprisingly liberating practice. There is the relief of knowing how your resources will make a difference when you are no longer around; and the confidence that your wishes will be fulfilled.

## Make a start today

Grab a cuppa and figure out what you have to give. You might be surprised what it adds up to.

Item	Estimated Value
Your home	
Other property	
Bank accounts and savings	
Stocks and shares	
Insurances and pensions	
Buddhist art or artefacts	
Household possessions	
Vehicles	
Jewellery or other valuables	

## What is not given is lost

Make sure the people you love and the causes you care about are remembered in your will.

Name of person or charity	What you wish to leave them - as a % share or specific amount or item

## Some points to consider when writing a will

- Appoint two executors (including someone who is good at administrative work, and maybe younger than you).
- Ideally one of your executors will be a friend who knows you and your connections.
- Include a small gift or bequest for personal executors it's a lot of work!
- Make an allowance for the cost of your funeral.
- Specify your wishes for your funeral, including if you wish to have a Buddhist funeral, and the contact details of your local Centre or someone you have asked to be your celebrant.
- Keep your will somewhere where it will be found. Have an 'In The Event of My Death' file, and tell your friends where to find it. Many people ask the solicitor who has helped to draw up their Will to hold a copy.

## **Helpful resources**

Visit <u>www.triratnadevelopment.org</u> for will-making resources and other Triratna charities. <u>www.rememberacharity.org.uk</u> has guidance on all aspects of the will making and charity bequests.

https://www.citizensadvice.org.uk/relationships/death-and-wills/wills/ has comprehensive information on wills.